

FREE Bone Density Screenings

March 4 - 15, 2024

It's fast and painless

A bone density screening will tell you if you are at risk for osteoporosis — a disease that causes bones to become more fragile and more likely to break.

Why it's important

- Every 20 seconds, another American breaks a bone because of osteoporosis.
- About 2 million men and 8 million women have osteoporosis.
- Certain diseases that are more common in African American women, such as sickle cell anemia and lupus, can lead to osteoporosis.
- Women can lose up to 20 percent of their bone density in the five to seven years after menopause.
- Osteoporosis, and the broken bones it causes, can be prevented.

Racine Employee Health & Wellness Center

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Ascension



Call 262-687-5565
to schedule your bone
density screening today!