



# THE CHEETAH CHATTER

## W.C. GIESE SCHOOL



November 2016

Volume 51

Number 2

Giese Cheetah Families,

I would like to begin this edition of *The Cheetah Chatter* by reminding you of your child's upcoming teacher conferences. You should have been notified of a time to meet with your child's teacher to discuss how things are going this far. This is one of the most important events during a school year as it allows the parent and teacher an opportunity to interact and discuss the progress of the child. If you were unable to attend your scheduled conference time, it is not too late to contact your child's teacher to arrange a day and time.

Due to Parent/Teacher Conferences, there will be no school on Thursday, November 3<sup>rd</sup> and Friday, November 4<sup>th</sup>.

As winter approaches, the weather will begin to get colder. Please have your child dress appropriately for school. We will not allow them to stay in the building for cold weather unless it follows the guidelines set forth by the district. Please have them wear their coats to and from school. We don't want anyone to get sick.

This year, we will have our annual Thanksgiving Food Drive. This is a wonderful opportunity for our Giese families to help others that are less fortunate. More information will be going home soon. Please consider helping other families in need as we approach the winter season.

Mark your calendars for Tuesday, December 13<sup>th</sup> (Grades K-2) and Thursday, December 15<sup>th</sup> (Grades 3-5). These are the dates of our *Winter Holiday Concerts*. Mrs. Baker and your child have been working extremely hard over the last month in preparation for these concerts. Each concert will take place in our West Learning Center. Performing students should arrive no later than 5:45pm on the day of their performance. A PTA Bake Sale will take place upon conclusion of each concert.

The next 2-hour Early Release is scheduled for Friday, January 20<sup>th</sup>. Your child will be dismissed at 12:45pm. Lunch will be provided on this day.

Our winter MAP testing window is quickly approaching. In order for your children to succeed, we need your help. We are asking that you check on their academic progress by seeing if they have any homework and read with them on a daily basis. By reading your child for 20 minutes a day, their reading abilities will skyrocket.

Thank you,

Thomas Hyland

Principal – Giese Elementary

"The BEST kept secret in RUSD!"

2014-2015 Title I School of Recognition

2013-2014 Title I School of Recognition

## PICTURE RETAKE DAY

Picture Retake Day will be on Thursday, November 10<sup>th</sup> from 8:15-12:00. You must return your picture package if you want to have your child's pictures retaken.

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## 4 Year Old Kindergarten

I would like to start with a shout out to all families who attended our October family engagement activity. The pumpkin farm was so much fun! I especially enjoyed the story about Spookley the pumpkin. On a more serious note, I am working on creating a conference schedule and would like to place students who have siblings first. Please return conference sheets as soon as possible or see me during arrival or dismissal time to reserve your spot. With your help, I know that we can have 100% attendance this year. Please check your child's folder for more information. Pre-K Pals testing, which includes letter recognition, beginning sound awareness, rhyme awareness, print and word awareness, nursery rhyme awareness, and name writing continues this month. The results will be discussed at conferences. On a more personal note, I would like to wish everyone a happy Thanksgiving. I look forward to spending time with my family and reflecting on all that I have to be thankful for.

## Kindergarten

**LOTS OF FUN:** October was a busy month in all the kindergarten rooms. We enjoyed our trip to Riverbend and Apple Holler exploring the changing seasons outdoors. We had our Halloween Parade to the Nursing home and enjoyed spreading a little cheer to the residents in our fun costumes.

**LOTS OF LEARNING:** We have been working hard on learning letter names and sounds. Especially hearing the sounds at the beginning and end of words. The children are working learning lots of sight words. In Math, we have learned to read, write and compare numbers 0-10, including number names, numerals, and number sets. Please practice reading, writing, and math skills at home. We continue to use the Foundations literacy program to help learn how to properly write our lowercase letters. The kindergarten classes

combine to learn about topics from Science, Social Studies, and Health. We enjoy having the opportunity to have this joint time together.

**LOTS OF CLOTHING:** We hope you are enjoying the change of seasons, just a reminder to please dress your child for the weather especially for being outside for the daily 15 minute recess. It is also helpful to have an extra sweatshirt to put on or take off in the classroom as the temperatures change inside, too. Also make sure to mark your child's belongings so we can help keep the right pieces with the right kids. Lots of black hats. Thanks!

**LOTS OF TESTING:** During the month, all kindergartners participated in individual assessments in reading and math. These assessments help us identify students who need further intervention to become successful learners, especially readers. These assessments along with other classwork are part of your child's report card grade. First quarter report cards will be available this month. If you have any questions about your child's progress, please let your teacher know.

**LOTS OF PARENT-TEACHER CONFERENCES:** Conferences are scheduled and a reminder note will be coming home soon. Please contact your child's teacher immediately if the time/ day does not work. Thanks for your cooperation. We look forward to meeting with you at the Parent-Teacher Conferences.

## First Grade

The first graders have been very busy this fall. The children have been working on place value and making numbers with tens and ones. Extra practice using manipulatives (ex. cereal, raisins, buttons, marbles, and crayons) will be a great help. Have your child put the objects into groups of tens and then some ones. Have them tell you the number and how many tens are in the number and how many ones. Our next lessons will be on telling time.

We're thrilled to notice the children's excitement over learning to read. Make sure they are reading at their level. We would like to encourage the use of the downtown library as a source of reading materials. Most children love having their own library card.

Colder weather is upon us. Please remember to label ALL of your child's outerwear (coats, snow pants, hats, gloves, mittens, scarves). Your child may also keep a sweater or sweatshirt here at school to put on if they feel cold.

We're looking forward to seeing everyone in November for conferences.

## Second Grade

We look forward to meeting with all of our second grade families during parent-teacher conferences on Thursday November 3<sup>rd</sup> and Friday November 4<sup>th</sup>. Our first fieldtrip of the school year will be on Wednesday November 2<sup>nd</sup>. We will be going to the Golden Rondelle. We will eat lunch at our regular time at school. Our six week swimming lessons will begin this month. Our first lesson will be on Thursday November 10<sup>th</sup>. Please be prepared to send your child to school with a swimsuit and towel. With the weather getting cooler, it is important that the students come to school dressed to go outside.

## Third Grade

We have been working really hard in third grade. Please continue to work on Spelling words, vocabulary words, reading for at least 15 minutes, and basic math facts on a daily basis at home.

Room 32, 33, and 34 had a wonderful time learning about habitats at the Racine Zoo in October.

Parent/Teacher Conferences will be held on November 3<sup>rd</sup> and 4<sup>th</sup>. Reminders will be sent home as the date approaches. We look forward to seeing ALL of our Giese parents.

## Fourth Grade

We are looking forward to seeing each parent at our fall conferences November 3<sup>rd</sup> and 4<sup>th</sup>. Our goal as a grade level is to have 100 percent participation as we look forward to sharing the amazing progress your child is making in fourth grade. If for some reason you are unable to make you scheduled time, please call us. We can reschedule or even do a phone conference.

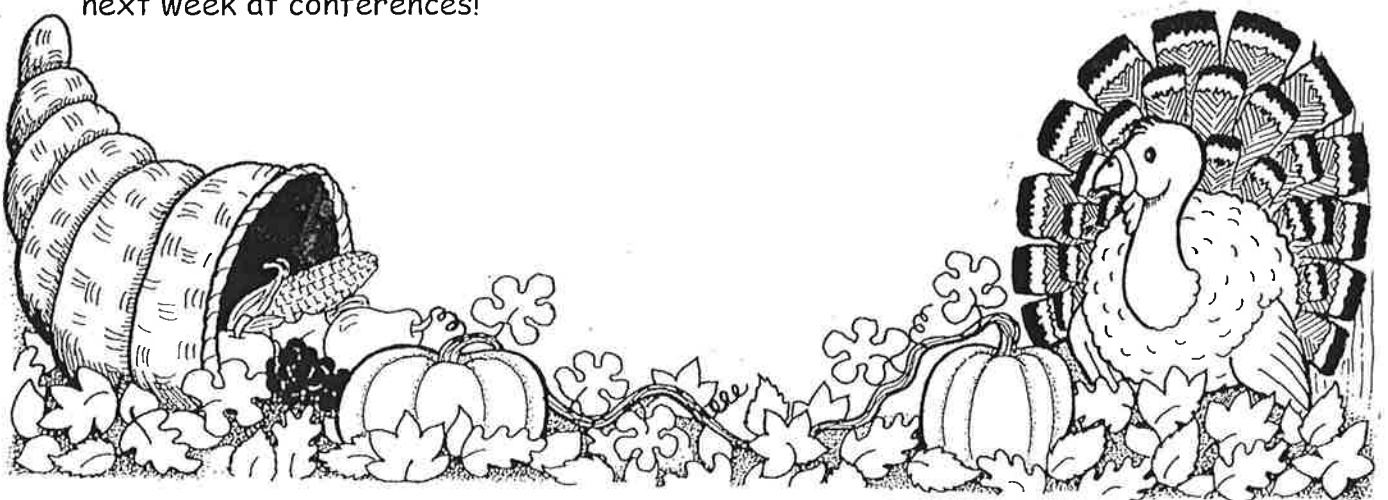
Don't forget to continue signing and reading your child's assignment book each night. Students bring this home to share with you what their responsibility is for the evening to stay caught up. Please sign it nightly and discuss with them their progress made towards completing the homework and turning it in. Almost nightly students will have math homework and should be studying spelling and vocabulary words.

In the area of math we will be moving towards subtraction, multiplication, and some division. We are teaching strategies to help your child understand these topics. Flash cards are a great study tool to have at home to practice the facts. If you need any flash cards, just let us know and we can get a copy for you.

This has been an awesome start to the school year. Thank you for being a support system for us. Keep encouraging your kids to be responsible, respectful, and safe like they are, and the year should be great!

## Fifth Grade

The fifth graders are currently working on double and triple digit multiplication in math class. They are working hard daily to master these skills. If your child does not have their basic facts memorized, please practice with them. We are also under way with our Life Skills program. This program is 45 minutes each week. Mr. Kidd is teaching the students about being confident in themselves so that the student is able to say no in all peer pressure situations. He is doing a great job of helping the students to be aware of their surroundings and all of the pressures that are out there. Both teachers are looking forward to meeting with you next week during parent teacher conferences. Please remember that we need to conference with each students' family. If for some reason you can't make it up to school, we will be having a phone conference with you. Home and school communications are extremely important. The student is the most successful when the student knows that we are all being consistent together with our high expectations. As a reminder, please dress your child warm. The days are getting a lot cooler and we still go out for recess everyday for 20 minutes unless it's raining or below 10 degrees. See you next week at conferences!





## **Giese Student Government with Mrs. Cushman**

Congratulations to the 2016-17 student government representatives. You have been selected by your teachers and peers to show Giese how leadership is done. We will be making Giese the best it can be throughout the year by volunteering our time and making great decisions.

November we will be having the annual food drive. The dates we are collecting food is **November 8th-18th**. During December we will be collecting socks for seniors. I look forward to great year with great students. Our next meetings are November 8th and December 13<sup>th</sup>.

The following representatives are:

### **3<sup>rd</sup> grade**

Dashonti Mullen

Joseph Saravia

Aleighsya Howard

Jada Sims

Chyna Gordon

Amelio Morales

### **4<sup>th</sup> grade**

Natalie Schroder

Joshua Mohr

Samantha Guitierrez

Sara Oliver

Uriel Mendoza

Kori Ahart

### **5<sup>th</sup>**

Kaleigh Thompson

Javayah Esho

Joseph Price

Dessarae

## Can GERD Cause Problems with your Voice?

By: Mrs. Kyami Cronin, M.S., CCC-SLP

Giese Elementary School's Speech-Language Pathologist


### *Yes it can!*

GERD stands for Gastroesophageal Reflux Disease, and each year GERD Awareness Week is ironically observed during the week of Thanksgiving. This week is set aside to bring attention to the health concerns of this disease, as well as bring awareness to the preventative and various measures that may be used to manage it.

GERD can occur in adults and children. It is more commonly known as heartburn, or the burning sensation in the chest, as well as the back-flow of stomach contents back into the mouth. Other symptoms may include constant belching, chronic sore throat, sensation of food sticking in the throat, or difficulty swallowing. *Additionally, your voice may become irritated from the acid reflux and result in hoarseness, chronic coughing, throat clearing, lesions, and ultimately cause poor vocal quality and performance.*

Some preventative measures that you may take to try and control your symptoms or avoid further health problems, include: eating smaller meals, avoid eating right before bedtime, drinking plenty of water, being physically active, paying attention to the foods you eat and potential "trigger" foods and avoiding them (i.e.; caffeine, mint, acidic foods like citrus and tomato, and spicy foods that may make the GERD worse, etc.), and using pillows or wedges to elevate your upper body and head if resting.

GERD may bring about serious complications if left untreated. If you have concerns about any related symptoms or suspect GERD, please contact your primary care physician or specialist to discuss possible evaluations and treatment recommendations.



**AMC Theaters – Sensory Friendly Films**  
In Partnership with the Autism Society

AMC theaters have partnered with the Autism Society to bring sensory friendly films to families affected by Autism and other disabilities. This program has expanded to showcase up to four movies every month and provide an environment that is sensitive to special sensory needs. The lights are turned up and the sound is turned down! Viewers are invited to get up out of their seats and dance, shout, walk or sing-a-long with the film! Tuesday evening showings have been added that may appeal to older audiences, and family-friendly films will continue to show on Saturday mornings.

The closest participating theater to the Racine area:  
AMC Theater - Mayfair Mall  
2500 N. Mayfair  
(Hwy 100 & North Ave.)  
Wauwatosa, WI 53226  
Guest Services: (414) 777-0467

September Showings: (date, film & admission prices are subject to change at any time)

Trolls – November 12  
Doctor Strange – November 15  
Fantastic Beasts and Where to Find Them – November 26 & 29

Special admission price: Adults \$9 and Children \$7

\*\* Share your photos and posts of your experiences with #AMCSensoryFriendly

For more information, contact Mayfair Mall's AMC Theater or Giese's Speech Language Pathologist, Mrs. Cronin at 664-8265. Or visit the following web sites for more information:

Autism Society: <http://www.autism-society.org/get-involved/events/sensory-friendly-films/>  
AMC Theater-Mayfair Mall: <http://www.amctheatres.com/programs/sensory-friendly-films>

## A Note from the School Counselor and School Social Worker

This month we talked about friendship, bully prevention and empathy. I read a variety of books in the classrooms (My Secret Bully and Band-Aid Chicken). We were also able to view the district's student Bully Prevention Power Point presentation. We focused on caring for others, being thoughtful and attentive to our behavior and how it affects others as well as being respectful and kind. We also talked more about what to do if someone is being mean.

I also want to take a moment to congratulate all of our Peer Mediators. They help keep Giese peaceful and kind and serve as role models for the entire school!! We honored them at the courthouse this month where they were sworn in by Judge Emily Mueller. Congratulations!!

We are still noticing a few concerns lately as well. Some of the children are not making it for breakfast and have a hard time at school when they are hungry. We have breakfast here from 7:30-7:45 am. If they don't eat at home please send them so they can eat here. Otherwise some students (if their dinner was at 5pm) are waiting up to 16 hours to eat again as they wait for lunch at school. Meals with plenty of protein are necessary! Please make sure they are getting enough sleep too. Our students should be sleeping approximately 10-12 hours a night.

Feel free to contact us anytime!

Helpful websites:

[www.loveandlogic.com](http://www.loveandlogic.com), [www.kidshealth.org](http://www.kidshealth.org) and  
<http://www.racinecountyfoodbank.org/>

Racine County Food Bank: (262) 632-2307

Mrs. Howard (counselor) 664-8282

Mrs. Podskarbi (social worker) 664-8262

Attendance line – 664-8255



## A Note from the School Counselor and School Social Worker

Welcome back to another school year. For Guidance lessons this month, every classroom discussed being Responsible. We also talked about the different jobs/chores we have in all areas of our life. 4K-2<sup>nd</sup> grade listened to Howard B. Wigglebottom and learned about listening skills. 3<sup>rd</sup>-5<sup>th</sup> graders did either an acrostic poem or Character Education bingo along with a great discussion. We will also start support groups soon (social skills, grief, friendship and study skills).

Complimenting your children each day makes a huge difference.

Here are a few examples.

You are amazing!  
I'm lucky to have you!  
You have great ideas!  
You're smart!  
You're kind!

Great job! Nice try!  
Thank you for your hard work!  
I am so proud of you!  
You are a great role model!  
I love being with you!

Check out [www.loveandlogic.com](http://www.loveandlogic.com) for some great parenting resources.

As always feel free to contact us anytime with any questions or concerns.

Mrs. Howard 664-8282 (Counselor)  
Attendance Line : 664-8255

WebMD Health and Parenting Guide offers sleep guidelines that parents may find useful and even surprising:

Child's Age	Recommended Hours of Sleep	In Reality
4-12 Months Old	11 - 15 hours per day	most infants get only about 12 hours sleep
1-3 Years Old	12 - 14 hours per day	toddlers typically get only about 10 hours
3-6 Years Old	10 - 12 hours per day	these children usually get less than 10 hours of sleep
7-12 Years Old	10 - 11 hours per day	the average for this age group is only about 9 hours
12-18 Years Old	9 - 10 hours per day	most are averaging 7.5 hours

Tex Reynolds'



A COMMUNITY PROGRAM SINCE 1929

In Partnership with Corporate Volunteer Council of Racine – The Giving Tree

# HELPING FAMILIES

## To Participate:

Please provide the following:

1. A bill or letter with your current address showing that you are a Resident of Racine County.
2. Proof that you are the parent or guardian of the children.
3. Picture ID or Drivers License for the parent or guardian.
4. If you have a low income, please bring your last check stub or your medical card. We use federal poverty guidelines.
5. For Children Ages 12 and younger you must provide ONE of the following:
  - a. Birth Certificates
  - b. Immunizations Cards
  - c. Medical Cards
  - d. Social Security Cards

### Poverty Guidelines 2016:

#### *Size of Family/Per Week Gross Unit*

1.....	\$342.69
2.....	\$462.69
3.....	\$582.69
4.....	\$702.69

#### *Size of Family / Per Week Gross Unit*

5.....	\$822.69
6.....	\$942.69
7.....	\$1,062.69
8.....	\$1,182.69

## To Register:

1. Apply in person at the City Hall Annex located at 800 Center St. between 8 am and 11:00 am.
2. Register on Tuesdays, Wednesdays, Thursdays or Saturdays from October 4th through December 6th (Final day for Registration).
3. Closed the week of Thanksgiving, November 21-26.
4. Last pick-up date is December 10, 2016
5. Recipients can apply only once per year.
6. Availability of gifts dependent upon registration numbers.

The Corporate Volunteer Council – Giving Tree will also accept registrations beginning on October 4, 2016 on a first-come, first served basis.

Web Site: [www.texreynoldstoysfortots.com](http://www.texreynoldstoysfortots.com)

1-262-633-1379

# November 2016



## Racine Unified Elementary Lunch Menu

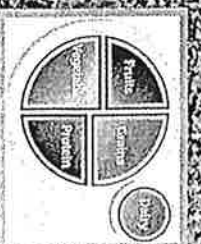


Monday	Tuesday	Wednesday	Thursday	Friday
Oct 31 Pizza Dippers w/Dipping Sauce Steamed Broccoli Apple Half	1 Crispy Chicken Sandwich Baked Beans Diced Pears Celery Sticks	2 French Toast Sticks Turkey Sausage Patty Hash Brown 100% Vegetable Juice Orange Slices	3 No School	4 No School
7 Cheese Quesadilla Green Beans Tortilla Chips Salsa Apple Half	8 Election Day Cookies Mini Corn Dogs Baked Beans Cucumber Slices Petite Banana	9 French Toast Sticks Turkey Sausage Link Hash Brown 100% Vegetable Juice Orange Slices	10 Pepperoni Lil' Bites Spaghetti Sauce Hot Pears Juicy Pineapple	11 Beef Tacos* Hot Corn Shredded Lettuce Apple Half
14 Cheese Pizza Baby Carrots Fresh Broccoli Petite Banana	15 Chicken Pop Dogs Baked Beans Celery Sticks Applesauce	16 WG Pancakes Turkey Sausage Patty Hash Brown 100% Vegetable Juice Orange Slices	17 Hot Ham & Cheese on Pretzel Bun Fresh Broccoli Baby Carrots Diced Pears	18 Cheeseburger* Tator Tots Baby Carrots Apple Half
21 Pizza Dippers w/Dipping Sauce Steamed Broccoli Apple Half	22 Chicken Nuggets Baked Beans Celery Sticks Fruit Medley	23 French Toast Sticks Turkey Sausage Link Hash Brown 100% Vegetable Juice Orange Slices	24 Turkey Hot Dog Tator Tots Cherry Tomatoes 100% Apple Juice	25 Fiesta Beef Nachos* Hot Corn Tortilla Chips w/Salsa Apple Half
28 Cheese Pizza Baby Carrots Fresh Broccoli Petite Banana	29 Popcorn Chicken Baked Beans Pretzel Nugget Rolls Juicy Pineapple Cucumber Slices	30 Turkey Sausage, Egg & Cheese Burrito Hash Brown 100% Vegetable Juice Orange Slices		

This menu follows USDA National School Lunch Program guidelines. USDA is an equal opportunity provider and employer.

\* Contains beef ingredients.

Elementary menus are pork- and nut-free.



featuring...

### Sweet Potatoes

Sweet potatoes are high in vitamin C. Did you know Vitamin C helps our body absorb iron?

Lunch \$2.55  
(Milk included with meal)  
Milk 45¢  
Offered Daily:  
Skim White, Skim Chocolate

Questions  
Call Arbor Management,  
262-664-8700  
dietitian@rusd.org

Menu changes may be necessary. Notice will be given when possible.

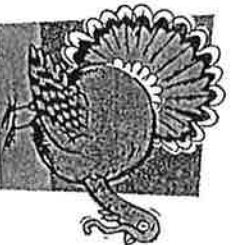
A comprehensive Nutrition & Allergy Guide is available on the Unified Website.

For more information or to "Ask the Dietitian" check out our website!





# November 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Grade 3 to Eco-Justice Center 8:30-11:30 "C-DAY"	2 "A-DAY"	3 No School Parent Teacher Conferences	4 No School Parent Teacher Conferences	5
6 LIBRARY WEEK	7 "B-DAY"	8 ELECTION DAY Be Sure to Vote! Choir 2:45-3:30 "C-DAY"	9 "A-DAY"	10 Grade 2 to Swimming Lessons <u>Picture Retake Day</u> "B-DAY"	11 "C-DAY"	12
13	14 "A-DAY"	15 Choir 2:45-3:30 "B-DAY"	16 "C-DAY"	17 Grade 2 to Swimming Lessons "A-DAY"	18 "B-DAY"	19
20 LIBRARY WEEK	21 "C-DAY"	22 "A-DAY"	23 "B-DAY"	24 Happy Thanksgiving No School	25 No School	26
27	28 "C-DAY"	29 "A-DAY"	30 "B-DAY"			

