

10 things you can do to prepare for returning to the classroom

1 Practice hand hygiene often throughout the day. Teach your children to sing the ABCs or have them count for at least 20 seconds ensuring they wash front, back, and in between their fingers.



2 Practice putting a mask on/off. Your child will be required to wear a mask at all times during the school day, including while on the bus. Masks may only be removed while outdoors or while eating and drinking. If your child has a medical condition prohibiting them from wearing a mask, please provide a signed note from a physician to your school nurse.



3 Practice at least three feet of physical distancing. Measure the distance on the floor. Consider temporarily laying pieces of paper down for a visual.



4 Check your child's temperature every morning. If 100.4 or higher, they must stay home. Please call your school attendance line and report any symptoms your student has.



5 Make/purchase extra masks. When possible, masks should only be worn one day and then washed in hot water and dried on HIGH heat. RUSD will provide each student with two cloth face masks.



6 Update immunizations. Contact your child's pediatrician for an appointment. Immunizations may also be obtained at the local Health Departments.



7 Change aerosolized medication. Nebulizers aerosolize viral particles and are discouraged. Speak with your child's pediatrician to obtain an albuterol inhaler with a spacer and to update their Asthma Action Plan.



8 Purchase a reusable water bottle to be brought to school. Water fountains will be turned off, but bottle fillers will be available.



9 Verify/update emergency contacts. If your child presents with COVID-like symptoms, they will be placed in a precautionary room and will need to be picked up immediately. Please ensure a contact can be reached at any given time.



10 Stay informed. Educate yourself from reliable sources such as the CDC and WI Department of Health.

