



Access health programs built just for you

Racine Unified School District is offering Omada® for oneon-one health coaching, specialist support and smart devices to help members manage diabetes, lower blood pressure or

lose weight.*

The best part: Omada is no cost to you if you're eligible to join—up to a \$1,700 value.

Join Omada for access to

- ✓ Personal support from a health coach and specialist*
- Easy monitoring with smart devices and tools
- ✓ Online peer groups and communities

Claim My Benefit: omadahealth.com/rusd



Programs available to you











Manage weight and lower health risks

Omada for Prevention, Diabetes or Hypertension is available at no cost to those covered under the Racine Unified School District medical plan.

Use your UHC subscriber ID when applying.

All members receive a welcome kit*

With easy-to-use devices, shipped to your door and yours to keep. All at no cost to you.

- √ Two continuous glucose monitors (CGMs)
- √ Blood glucose meter
- ✓ Ongoing supply of test strips and lancets
- Blood pressure monitor
- √ Smart scale

Images, including apps, do not reflect real members or information about a specific person.

^{*}Certain features and smart devices are only available if you meet program and clinical eligibility requirements. CGMs are only available if you qualify for the diabetes program. CGMs also require a prescription and a compatible smartphone. You will receive two (2) CGM sensors—one after you enroll and the other at the six month follow-up.