

# 2023 Water Safety Instructor Course

## Dec 1 - Dec 15

This course is designed to train candidates to teach courses and presentations by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate the participant's progress.

**When: Class Times Are: (must attend all classes)**

Dec 1	4:00 - 8:00 PM	Dec 8	4:00 - 8:00 PM
Dec 3	8:00 - 4:00 PM	Dec 15	4:00 - 9:00 PM
Dec 7	4:00 - 8:00 PM		

**Where: RUSD Aquatic Center** 7567 Washington Ave Mt Pleasant, WI 53406 (262) 619-4670.

**Cost: \$225** Which includes instruction fees, books, and class related materials.

We can help with the cost, if you pass this course and you continue to work at the Aquatic Center as a Lifeguard.

**Age requirement:** Participants must be 16 years of age or older.

**Deadline for registration: Nov 19**

**To be eligible to become a Water Safety Instructor, all participants must be able to complete these objectives:**

- Front Crawl - 25 yards
- Breaststroke - 25 yards
- Sidestroke - 25 yards
- Maintain position on back for 1 minute in deep water
- Tread water for 1 minute in deep water
- Successfully complete the online Orientation to the Swimming and Water Safety Program
- Back Crawl - 25 yards
- Elementary Backstroke - 25 yards
- Butterfly - 15 yards

**The course is non-refundable after the deadline unless a replacement is found.**

**Program Contact: Nolan Cannon at [nolan.cannon@rusd.org](mailto:nolan.cannon@rusd.org)**

**Return the lower portion of this form with Cash, Check or Credit Card information to the RUSD Aquatic Center.**

Once we receive your registration form with payment, you will receive an email confirmation and further instructions to begin your online pre-course before the first class.

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### Water Safety Instructor Course

Dec 1-15

Name of Participant:			
Address:		Phone Number:	
Email:		Birthdate:	
Please list any current American Red Cross Certifications along with their expiration dates:			
Name as it appears on credit card:		Type of Credit Card: (Visa, MC)	
Credit Card #:		EXP Date:	
Cardholder Address:			