Girls Golf
Sports Specific Guidelines

Physical Distancing

- Coaches are RESPONSIBLE for ensuring physical distancing is maintained between players on the practice range and greens. This includes: additional spacing between players while playing, chatting, or changing drills so that players remain spaced out, and not congregating while waiting to hit. Workouts should be conducted in ‘pods’ of students, with the same 5-10 students always working out together. This ensures more limited exposure if someone develops an infection. Records of who is in each group will be maintained daily.
- ONLY essential personnel are permitted on the course during play. These are defined as players, coaches, athletic trainers, and officials. All others, i.e., managers, video people, media photographers, etc. are considered nonessential personnel and are to be in the gallery remaining by the cart path (when present) or remaining at least 15 yards from the players.
- Each athlete WILL bring their own gym bag for personal items. All personal items will remain in the gym bag when not in use. Gym bags will be placed in a predetermined area 6 feet apart for the duration of practice
- The number of individuals in a conference and/or huddle is limited to those who must be in close proximity for these discussions. All participants are REQUIRED to wear a mask.
- Teams and individuals shall NOT exchange handshakes before, during, or following the practice or meet.
- Locker rooms will NOT be used. Students should report to workouts in proper gear and immediately return home to shower, clean clothes and equipment at the end of every workout.

Practice and Game Protocols

- Athletes are not required to wear cloth face coverings, but may do so if they desire, when physically active during practice and competitions. When not physically active, athletes MUST wear cloth face coverings. Coaches, officials, game workers and media are REQUIRED to wear masks at all times. There is no prohibition on the color of the face covering.
- Players will ONLY touch and use their own golf ball and NOT touch other players golf ball(s) or equipment.
• Coaches WILL work to create new habits including staying away from touching their face, not allowing sunflower seeds and not spitting. Do not touch the flagstick or bunker rakes, nor other player’s equipment or golf balls.
• During the national anthem teams shall align in a matter to maintain social distancing
• Hand sanitizer will be provided by the District, and coaches are EXPECTED to bring it to practices/competitions each day.

Equipment

• Players will NOT touch the flagstick, bunker rakes or ball cleaning devices on the course.

Hydration

• All students shall bring their own water bottle. Water bottles must NOT be shared.

Best Practices

• Practice facilities may be open but are RESTRICTED to 50 or less people, practice strict social distancing and follow enhanced practice ball sanitation protocol.
  ○ Normal golf groups are permitted; walking or riding in golf carts is permitted. Restrictions apply and will vary by locality.
• Golf instruction and club fitting conducted with adherence to STRICT social distancing guidelines.
• Shotguns allowed with strict social distancing and staging that eliminates the potential for large gatherings.
• NO gathering points for registration or awards ceremony
• Participants are NOT to arrive more than 30 minutes before tee time